

# Volatile Substances

**AKA:** Huffing, glue, gas, butane, tolly

**Popularity:** 14% of children have used once by age of 15

**Method of Use:** Inhaled – from canister, though rag, from bag etc

**Duration:** 15-30mins – but effects can be prolonged by further inhalation

**Effects:**  
+ve: hilarity, drowsiness, feeling drunk, hallucinations  
-ve: nausea, confusion, panic, headaches



**Law:** butane – illegal to sell to u.18s  
other products: illegal to sell if know they will be sniffed

**Cost:** £2+

**Source:** glues, deodorants, paints, hairsprays, home

**Indicators:** chemical smell, stains on clothes, altered state, sore throat, spots on face

**Risks:** Unconsciousness, heart failure, nausea, burns, accidents, asphyxiation