

# Ecstasy

**AKA:** MDMA, E, Eccies, Tabs, Pills, XTC.  
Doves, apples, mitsubishis, etc

**Law:** Class A, Schedule 1

## Popularity

4.3% of 16-24 yr olds used in last year

**Cost:** £2-5/tablet

**Method of Use:** swallowed, MDMA powder - snorted

**Source:** made in Europe

**Duration:** 3-5hrs

**Indicators:** dilated pupils, grinding teeth, sweaty, happy mood

**Effects:** +ve: energetic, mild hallucinations, positive mood  
sleepless, low appetite  
-ve Anxiety, panic attacks, nausea

**Risks:** Heat stroke, liver/kidney failure, heart failure, reaction to pill, excess water intake, convulsions/fits, low mood in comedown, depression, death

