

# Cocaine and Crack

**AKA: Cocaine** charlie, coke,  
**Crack** rock, freebase, white, stones, bones

## Popularity Cocaine

5.3% of 16-24 in last Yr  
*(Down from previous year's 6.2% which doesn't seem credible)*

**Crack** 0.1% (CSEW 19/20)  
*(down from 10 yrs ago but highlights limitations of CSEW)*

## Method of Use:

**Cocaine powder** snorted, rubbed on gums, other mucous membranes, IV,  
**crack** smoked, swallowed, IV

**Duration:** sniffed 1-2hr smoked: 15mins

## Purity:

10-90%: cheap cocaine is heavily adulterated with substances including lactose, caffeine, phenacetin, levamisole, lidocaine. Some of these are toxic/carcinogenic

**Effects:** +ve: alert, energetic, awake, euphoric, confident, feeling sharp, hyper aware  
Less appetite, talkative  
-ve Anxiety, paranoia, delusional hot,, jittery



**Law:** Class A; Sch 2

**Cost: Cocaine:** £30-90+gm  
**Crack:** £5-10/rock

**Source:** Processed from Coca plant in S. America.  
Crack and freebase made in UK from Cocaine

**Category:** stimulant

## Mechanism:

Elevates nor-adrenaline & dopamine by blocking reuptake

**Indicators:** dilated pupils, restless, talkative, anxious, grinding teeth, over-confidence, numb nose

**Risks:** weight loss, insomnia, tooth damage, nasal damage, nose bleeds, BBV transmission, liver damage (especially w/alcohol), mental health problems, cardiac damage, high spend, dependency  
Lung Damage (if smoking crack), convulsions, heart failure, death