

Benzodiazepines

AKA: *Benzos, tranx, downers, sleepers*
Valium, blues, vallies **Alprazolam:**
Xanax, Xs **Temazepam:** *eggs, Temazies*
Flunitrazepam: *Rohypnol, Rufies*, and many other brands/names

Popularity: 0.6% 16-24 yr olds used in last year (CSEW 2016-17).
▼ from 1.5% in 2000

Method of Use: swallowed, injecting (rarely.)

Quality: pure if prescribed; internet-sourced & street benzos widely faked; vary in quality

Duration: 2-200hrs+ depending on type. Long acting ones more prone to causing dependency.

Effects: +ve: relaxation, calm, drowsiness, mild euphoria, relaxed muscles
-ve Anxiety, disinhibition, anger, amnesia

Law: Mostly Class C, Schedule 4i. Rohypnol and Temazepam: Schedule 3. Large number of formerly legal benzos made CDs in 2016. Any newer ones covered by PSA.

Profile: Depressants; hypnotics, anxiolytics,

Source: prescribed, internet, street

Cost: 50p - £1 if bought on street; online price varies by drug.

Indicators: drowsy, slow reactions, calm

Risks: dependency, overdose (espec. if mixed with alcohol); Reckless behaviour; Fake drugs – especially online
Dangerous withdrawals

