

# Alcohol

**AKA:** Booze,  
bevvies, ethanol

**Popularity**  
87% of men  
84% of women  
drank in last year

**Method of Use:**  
drunk  
Rarely snorted

**Duration:** 1hr per unit

**Effects:**  
+ve: relaxation, disinhibited, laughing  
Slowed reactions, nausea, drowsiness  
-ve: loss of muscle control,  
unconsciousness,



**Law:** 5+: legal to drink  
18+: legal to buy in pub/off  
licence

**Cost:**  
Varies by drink and quantity

**Source:** pubs, clubs  
shops

**Indicators:** smell of  
alcohol, red eyes,  
slurred speech

**Risks:** liver problems, damage to heart,  
pancreas, brain, skin.  
Weight gain, accidents, reckless  
behaviour, addiction, poisoning, death